

Success!

What's COMPASSION

Got to Do with it?

Cultivating a
Culture of
COMPASSION

Presented by:

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NEIGHBORHOOD
HOUSE ASSOCIATION

GOAL

Improved
**QUALITY
OF LIFE**
in the Black Belt



Culture becomes
the stories we tell



Hope is the dream that
awakes the soul . . .



Culture . . .



Is like the air we breathe



Can support and help advance strategies and plans



Can eat strategies and plans for lunch



Becomes what is modeled, supported and rewarded



... Be the change
you wish to see.

—Mahatma Gandhi



*Ensure INTENT AND BEHAVIOR align with
desired IMPACT*




Essential ingredients
for a healthy culture
are . . .

- Ethical decision making
- Compassionate engagement
(*Love in Action*)



Both are essential to develop and maintain
HEALTHY RELATIONSHIPS—
the cornerstone of a healthy culture.





Foundational
Principles for
Ethical Decision-
Making and
Behavior

Value of Life Principle

Revere life,
yet accept inevitable death

Principle of Goodness

Promote good over bad
Cause no harm. Prevent harm

Principle of Fairness

Treat others fairly when
attempting to distribute goodness

Principle of Truth Telling

Be honest so communication is
meaningful and fosters trust

**Principle of Individual
Freedom**

Each person has freedom to choose
own way—provided they do not
violate the other 4 principles



LOVE AND COMPASSION
ARE NECESSITIES,
NOT LUXURIES.
WITHOUT THEM
HUMANITY CANNOT
SURVIVE.

~DALAI LAMA



COMPASSION fosters TRUST
high psychological safety where
people feel cared about, valued,
committed, and free to:



- Share thoughts and ideas
- Ask questions
- Give and receive feedback
- Admit mistakes

*Senior Leaders' Role and Guide to Co-Creating a High-Quality
Workplace Culture. Sheryl White, Psy.D. | 2022*

Co-creates space for
grace and civil dialogue to
constructively navigate
and resolve conflict.





Love is . . .

- Is patient and kind
- Does not envy nor boast
- Is not proud
- Does not dishonor others
- Forgiving does not hold grudges
- Love does not delight in evil
- Rejoices with the truth
- Always protects, trust, hopes, and perseveres
- Love never fails

1 Corinthians 13: 4 – 8

Equips us with the attitude and behaviors that are foundational to practicing compassion.



COMPASSION—engaging in ways that demonstrate caring and wanting to:



UNDERSTAND



FEEL



GET VALUES



HELP

Reduce suffering. | Increase joy!





Cultivating a Culture of Compassion

Reflect on One Good Thing you will do to consistently practice **COMPASSION** to help create a greater culture of compassion in the Black Belt.

https://youtu.be/pfeexJVELQM?si=prVz_RH3t9GiHDvp

Link to video



Cultivating a Culture of Love & Compassion Presentation Slides

