Success!
What's COMPASSION
Got to Do with it?

Cultivating a
Culture of
COMPASSION

Presented by: Dr. Sheryl White

NEIGHBORHOOD HOUSE ASSOCIATION





Hope is the dream that awakes the soul...



Culture...



Is like the air we breathe



Can support and help advance strategies and plans



Can eat strategies and plans for lunch



Becomes what is modeled, supported and rewarded



. . . Be the change you wish to see.

–Mahatma Gandhi



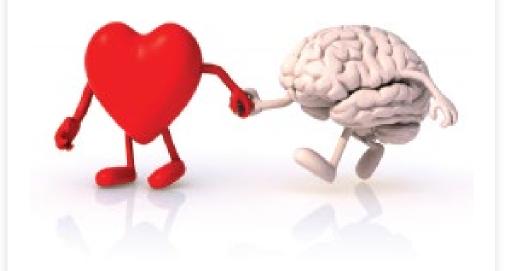
Ensure INTENT AND BEHAVIOR align with desired IMPACT



Essential ingredients for a healthy culture are . . .

Ethical decision making

 Compassionate engagement (Love in Action)



Both are essential to develop and maintain **HEALTHY RELATIONSHIPS**— the cornerstone of a healthy culture.





Value of Life Principle

Revere life, yet accept inevitable death

Principle of Goodness

Promote good over bad Cause no harm. Prevent harm

Principle of Fairness

Treat others fairly when attempting to distribute goodness

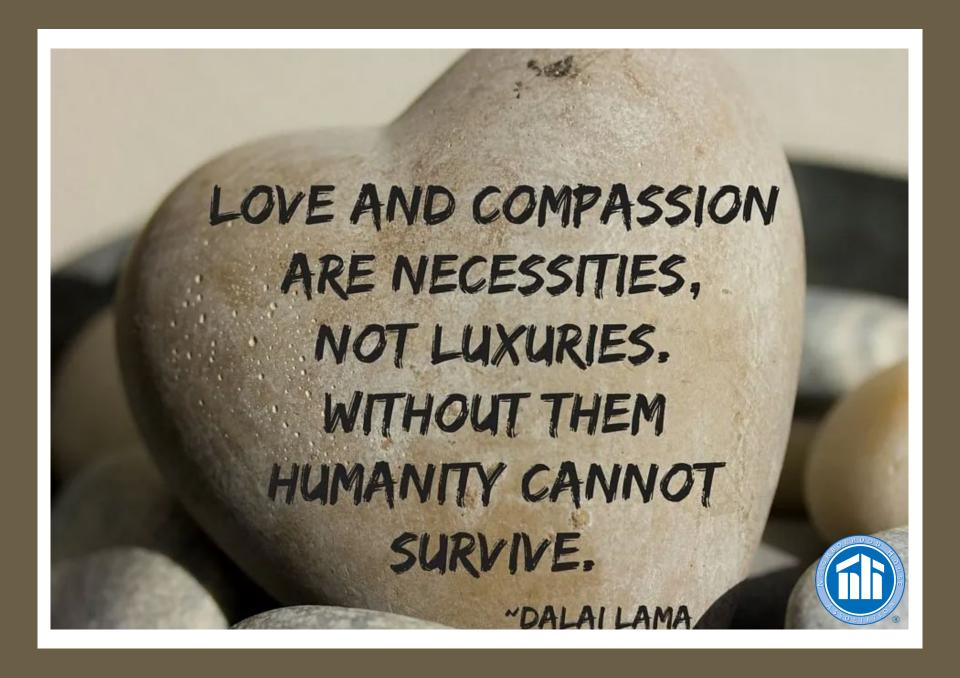


Principle of Truth Telling

Be honest so communication is meaningful and fosters trust

Principle of Individual Freedom

Each person has freedom to choose own way—provided they do not violate the other 4 principles



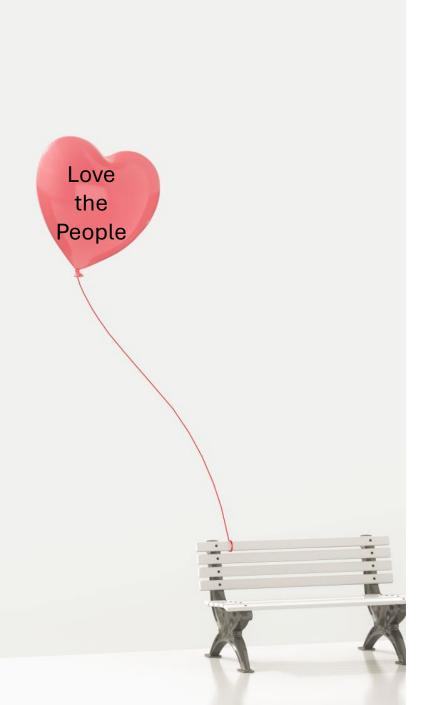
COMPASSION fosters TRUST high psychological safety where people feel cared about, valued, committed, and free to:

Co-creates space for grace and civil dialogue to constructively navigate and resolve conflict.

- Share thoughts and ideas
- Ask questions
- Give and receive feedback
- Admit mistakes

Senior Leaders' Role and Guide to Co-Creating a High-Quality Workplace Culture. Sheryl White, Psy.D. | 2022





Love is . . .

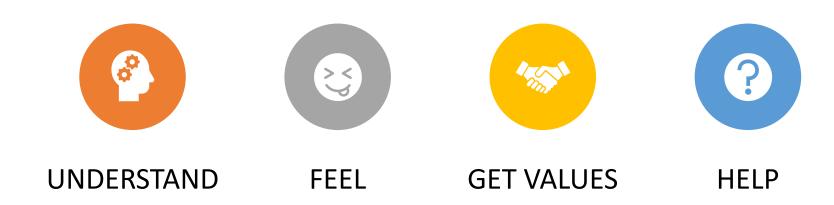
- Is patient and kind
- Does not envy nor boast
- Is not proud
- Does not dishonor others
- Forgiving does not hold grudges
- Love does not delight in evil
- Rejoices with the truth
- Always protects, trust, hopes, and perseveres
- Love never fails

1 Corinthians 13: 4 - 8

Equips us with the attitude and behaviors that are foundational to practicing compassion.



COMPASSION—engaging in ways that demonstrate caring and wanting to:



Reduce suffering. | Increase joy!





Cultivating a Culture of Compassion

Reflect on One Good Thing you will do to consistently practice COMPASSION to help create a greater culture of compassion in the Black Belt.

https://youtu.be/pfeexJVELQM?si=prVz_RH3t9GiHDvp Link to video





Cultivating a Culture of Love & Compassion **Presentation Slides**



